



MARKHAM AQUATIC CLUB

2012 SUMMER SWIM CAMP

Mailing Address:

4721 Highway 7 Unionville, Ontario L3R 0M9
Attention: MAC Registrar

Website:

www.markhamaquaticclub.com

Markham Aquatic Club Summer Swim Camp – 2012

Program:

The Markham Aquatic Club is doing a summer swimming program designed to introduce young children to the sport of competitive swimming. This year our group of coaches will offer the following:

- Swimmers will be introduced to all four competitive strokes – fly, back, breast, free - and Individual Medley by experienced professional certified coaches and existing or former MAC swimmers. Part of the time will also be spent on learning turns associated with the strokes.
- Swimmers will be introduced to land training activities associated with swimming
- All participants will be actively involved in team building activities
- Fun and socialization with other swimmers
- Deliver a program for previously competitive swimmers that will go into greater detail on stroke correction and drill work along with educational sessions centred around the particular stroke being focused on for the day

Fees:

Fees are based on a two-week program during July/August 2012. Programs are subject to availability and sufficient enrolment. There is a discount for early registration. We only accept cheques for payment

Withdrawal Policy:

Swimmers withdrawing from the program after registration will be subject to a \$20.00 administrative fee. There is no refund 7 days prior to the program.

Registration Procedure:

Please mail the completed registration forms along with a cheque payment to:

Markham Aquatic Club, P.O.Box 64528, 4721 Hwy. #7, Unionville ON L3R 0M9

Once forms are received the registrar will confirm receipt via email.
Please contact info@markhamaquaticclub.com if you have any questions.

What do Swimmers Need?

Swim suit, goggles, towel, and cap. They will also require running shoes, t-shirts, socks, and shorts for out of pool activities.

Pool:

Morgan Pool, 11 Parkway Ave (at George St), Markham.

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SESSIONS

Pool	Session #	Session Dates	# of Lessons	Time	Price (registered and payment received before May 31, 2012)	Price (registered and payment received after May 31, 2012)
Morgan	M1	July 2 – July 13	10	8:30 – 12:00 PM	\$150	\$160
Morgan	M2	July 16 – July 27	10	8:30 – 12:00 PM	\$150	\$160
Morgan	M3	July 30 – Aug 10	9	8:30 – 12:00 PM	\$145	\$155
Morgan	M4	Aug 13 – Aug 24	10	8:30 – 12:00 PM	\$150	\$160

Activities

Time	Activity	Purpose
8:30 – 9:00AM	Arrival and warm-up session(to include announcements for upcoming sessions and the day's activities)	To teach the importance of stretching prior to getting in the pool
9:00 – 10:00AM	In-water session – stroke and technique development	Learning and rehearsing of good stroke mechanics and techniques
10:00 – 10:30AM	Change and preparation for Team Building activities / educational session for previously competitive swimmers	Organization of activity and time for explanation of how the activity is to be performed / set-up of room for educational session for previously competitive swimmers
10:30 – 11:30AM	Team Building Activities	Actual participation
11:30 – 12:00PM	Wrap-up of day's session	Upcoming announcements

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SWIMMER & FAMILY INFORMATION

Swimmer's Name (First & Last): _____

Gender: M: F:

Swimmer's Birth Date: (MM/DD/YYYY): _____

Mother's Name: _____ Father's Name: _____

Home Address: _____

City: _____ Postal Code: _____

Home Telephone #: _____ Family Email Address: _____

Other siblings registered with Markham Aquatic Club: _____

How did you hear about Markham Aquatic Club: _____

SESSION REGISTRATION

Check the session below that you wish to attend

Attend	Session	Session Dates	Time	No Refund Dates	Price (registered and payment received before May 31, 2012)	Price (registered and payment received after May 31, 2012)
<input type="checkbox"/>	M1	July 2 – July 13	8:30 – 12:00 PM	June 25	\$150.00	\$160.00
<input type="checkbox"/>	M2	July 16 – July 27	8:30 – 12:00 PM	July 9	\$150.00	\$160.00
<input type="checkbox"/>	M3	July 30 – Aug 10	8:30 – 12:00 PM	July 23	\$145.00	\$155.00
<input type="checkbox"/>	M4	Aug13 – Aug24	8:30 – 12:00 PM	Aug 6	\$150.00	\$160.00
Total :						

**Please attach a cheque payable to Markham Aquatic Club for the full amount and mail to:
Markham Aquatic Club, P.O. Box 64528, 4721 Hwy. #7, Unionville ON L3R 0M9
Attention: Registrar**

I hereby release the Markham Aquatic Club and all its officials, employees, directors, or contractors from any and all liability actions or lawsuits arising from any activity or travel relating to the program offered by the Markham Aquatic Club. Furthermore, that the Markham Aquatic Club does not, by admitting my child to membership, by prescribing a course of exercise or swimming program, allowing my child use of the pool facilities, thereby assume any liability for injury, accident, illness, deterioration of health, death or otherwise, liability for loss, theft or damage to any property. I have received, read and understood the payment terms and agree to pay all amounts in accordance with this fee schedule. I further agree to pay a \$25 bank administration charge for any NSF cheque, and a 2% per month interest charge on all past due amounts. I hereby provide consent to the Markham Aquatic Club to collect above and attached personal information necessary for registration, insurance, medical emergency and training purposes. I understand that the Club's full policy regarding Personal Information Protection is available at www.markhamaquaticclub.com.

Date

Parent/Guardian's Name
(Print)

Signature

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SWIMMER EMERGENCY INFORMATION FORM

Swimmer's Name: (First & Last): _____

Emergency Contacts:

Mother Day Phone #: _____ Mother Cell #: _____

Father Day Phone #: _____ Father Cell #: _____

Other Contact: _____ Relationship: _____

Telephone #: _____ Cell phone #: _____

Important medical considerations:

Medications:

Allergies:

Blood Type: _____

Previous serious injuries or illnesses:

Can the participant administer his/her own medication(s)? Yes No

Date

Parent/Guardian's Name
(Print)

Signature

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PHOTOGRAPH AND INFORMATION PERMISSION

Date _____

The undersigned authorizes Markham Aquatic Club to permit photographers/videographers employed or designated by Markham Aquatic Club to take photographs and/or film/video footage of and to obtain quotations and information from the undersigned. Such photographs, film/video footage and recorded comments may be used for educational purposes, publications and/or broadcasts which may include but not limited to the following: newspapers, radio, television, staff newsletters, photographic displays, and publicly distributed publications such as annual reports, external newsletters, news releases, pamphlets, brochures, websites, flyers and promotional publications and the undersigned shall be entitled to no compensation as a result of such use from Markham Aquatic Club.

Signature _____
(Parent or Guardian if under 18 years of age)

Print Name _____

Address _____

Phone _____