

**Newmarket Stingrays Long Course
Invitational Swim Meet
May 26-28, 2017**



Revised March 14, 2017

Newmarket Stingrays Long Course Invitational Swim Meet
May 26-28, 2017

Location: Markham Pan Am Centre
16 Main Street
Markham, Ontario

Facility: 10 - Lane, 50 metre pool
Electronic timing

Warm-ups:

		Warm-ups	Start Time	Est. Session Length
Friday, May 26	11 & Over	4:30 pm	5:30 pm	3.0 hours
Saturday, May 27	13 & Over	7:00 am	8:00 am	4.0 hours
Saturday, May 27	10 & Under	12:00 pm	1:00 pm	3.5 hours
Saturday, May 27	11 – 12	4:30 pm	5:30 pm	3.5 hours
Sunday, May 28	13 & Over	7:00 am	8:00 am	4.0 hours
Sunday, May 28	10 & Under	12:00 pm	1:00 pm	3.5 hours
Sunday, May 28	11 & 12	4:30 pm	5:30 pm	3.5 hours

MEET PACKAGE:

The only meet package, which will be considered as valid, must be the most current version found on www.swimming.ca

COMPETITION RULES:

Sanctioned by Swim Ontario. All current Swimming/Natation Canada (SNC) rules will be followed. Please note that Swimming Canada Competition Warm-Up Safety Procedures will be in effect. Swimmers witnessed by a Safety Marshall diving or entering the water in a dangerous fashion may be removed without warning from their first **individual** event following the warm-up period in which the violation occurred. The full document can be viewed [HERE](#).

Only FINA approved swimwear is allowed in competition as per GR 5. The full details can be viewed [HERE](#).

Competition Co-ordinator: Ken Coward, Level 4, kcoward@yahoo.com

Don Maclean – Level 4 – donald.maclean@rogers.com

Meet Manager: **Shelagh Greenwood**, Stingrays.MeetManager@gmail.com

Mailing Address: Shelagh Greenwood c/o Newmarket Stingrays Swim Club
Ray Twinney Recreation Complex
100 Eagle Street West, Newmarket, Ontario
(905) 853-2298

COACH'S REGISTRATION:

Meet management will cross reference the list of coaches in attendance at this competition with the [Swim Ontario Compliancy lists](#). If a coach is not on this list, meet management is obligated to enforce the SNC policy and not permit that coach to attend meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.

REQUEST FOR OFFICIALS:

Volunteers can indicate their interest by emailing Stingrays Club Officials Chair (COC) at Stingraysswimofficials@gmail.com prior to May 26, 2017. After this date, officials can make themselves

Newmarket Stingrays Long Course Invitational Swim Meet **May 26-28, 2017**

Known to the Meet Manager at the start of each session in case volunteers are still required.

ELIGIBILITY:

All athletes must be registered as Competitive swimmers with SNC, or any other amateur swimming organization recognized by FINA. A valid SNC registration number is required for all Canadian swimmers, and entries without a SNC registration number will be declined entry. Ages are to be submitted as of May 26, 2017.

ENTRIES:

Entries must be submitted through the SNC online entries system at www.swimming.ca. Meet Management will not accept entries directly via email. Entries will be accepted on a first- come, first served basis. Please submit entries early to ensure your place. Please make cheque payable to: **Newmarket Stingrays Swim Club** and deliver it to Meet Management prior to your first session.

Limitations: Swimmers will be limited to a maximum of 4 individual events on Saturday and Sunday, and a maximum of 2 individual events on Friday. Please ensure that you have entered all events in a real or estimated time. **Entries with NT will NOT be accepted.**

Deck entries may be permitted as exhibition swims to fill empty lanes in existing heats only.

Deadline: The final deadline for changes to entries will be midnight **Mon May 22nd, 2017** at which time all entries will be considered final. This meet will then be final seeded. No changes will be accepted after this date. All fees will be charged based on entries submitted up to the entry deadline, regardless of whether the swimmer competes or not.

Fees: Standard

\$10.00 per individual event

\$12.00 per relay team (total for 4 swimmers)

Deck Entries

\$12.00 per individual event

\$14.00 per relay team (total for 4 swimmers)

Scratch Rule: Meet Management requests that all scratches from prelims and timed finals be submitted no later than 15 minutes prior to the start of the session to allow for as many deck entries as possible. There will be no reseeding for scratches received after the initial scratch deadline.

Seeding: All Heats will be seeded slowest to fastest with the exception of **events 400 meters and longer** which will be fastest to slowest. All entry times will be converted to Short Course (SC) times, using the default conversion factors in Hy-Tek Meet manager.

FOREIGN COMPETITORS:

All swimmers and coaches must be duly registered and residents of the governing body for which they are competing. All swimmers and coaches must be in good standing with their respective governing swim body. All swimmers and coaches must have primary residence within the province /state or country for which they claim registration. Proof of residency may be green card, student ID, driver's license, college residence or other document as deemed acceptable by Swim Ontario and shall be submitted with the [Proof of Residence and Registration Status form](#) to Swim Ontario no later than 7 days prior to start of competition.

MEET RESULTS:

Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca. Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session in question.

Newmarket Stingrays Long Course Invitational Swim Meet
May 26-28, 2017

All Events will be Timed Finals. Meet Management reserves the right to:

- Change warm-up times depending on meet entries
- Limit heats to stay within time limits
- Eliminate relays to stay within time limits
- Use over the head starts

In session #1 due to time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender. Therefore, mixed gender races are scheduled. The coach must advise the referee prior to the start of the session if there is a possibility of the record being broken so that the swimmer competes with competitors of the same gender for his/her heat.

TIME SPLITS:

The procedure for obtaining an 'Official Split' now requires that coaches make the request to the session referee or meet management on the "Official Split Request" form prior to the race. The split for the lead-off leg in relays will still be regarded as an official split and therefore no request by coaches is needed for relays. However, in the new 'mixed gender' relays, lead-off times/splits are not considered "official splits" as per international practice. Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee prior to the commencement of the session (or event) in question.

AWARDS:

Individual Events	Medals: 1-2-3 & Ribbons: 4 to 8 Girls: 9 & under 10, 11, 12, 13/14, 15 & Over Boys: 9 & under 10, 11, 12, 13/14, 15 & Over
Relay Events	Ribbons:1-2-3 Girls: 10 & Under, 11/12, 13/14, 15 & Over Boys: 10 & Under, 11/12, 13/14, 15 & Over

Coaches are asked to pick up awards for their teams from the meet management office prior to leaving at the end of the meet. Awards will not be mailed.

SCORING: There will be no individual or team scoring.
Live Results: www.newmarketstingrays.org

SAFETY & LIABILITY:

Only participating swimmers, officials, certified registered coaches, and authorized people are allowed on deck. Club Photographers must present a valid Vulnerable Sector Screening document to Meet Management prior to being permitted on deck. NO food or glass objects are permitted on deck. Sprint lanes will be Lanes 1 & 8 during the last 10 minutes of warm up

RECORDING OF EVENT:

Only individuals that have made application and received authorization to record the event, in any manner, in any medium or context now known or hereafter developed, shall be granted access and permission to do so. Please contact Meet Manager for application and authorization.

Newmarket Stingrays Long Course Invitational Swim Meet
May 26-28, 2017

Order of Events

Session #1: Ages: 11 & Over

Friday, May 26, 2017

Warm-ups: 4:30 pm

Start: 5:30 pm

Girls' Events				Boys' Events
1	11 & Over Mixed	800	Freestyle	1
2	11 & Over Mixed	1500	Freestyle	2
3	11 & Over Mixed	400	IM	3

Mixed Gender

Notwithstanding Rule SW 10.1 adopted by the Technical Swimming Committee of Swimming/Natation Canada, Swim Ontario will consider requests for sanction for meets that provide for mixed gender swimming in the following circumstances:

The host seeks an exemption from the requirement to swim events in gender separated events, on the following basis of

Due to facility or time limitations, swimming separated by gender would not permit all swims to be completed while offering reasonable opportunities to swim for all participants, and in particular on an equitable basis for swimmers of each gender.

Mixed gender swims may also be permitted when, due to a missed swim, it is necessary for a referee to seed a swimmer in a heat of the same or shorter distance, for competitors of the opposite gender, on an exception basis.

In spite of this rule, any swimmer who achieves a record time at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee insures that the swimmer competes with competitors of the same gender for his/her heat.

In the event that mixed gender swims are permitted pursuant to this policy, the results must still be posted separately by the gender of swimmers.

Session #2: Ages: 13-14 and 15 & over

Saturday, May 27, 2017

Warm-ups: 7:00 am

Start: 8:00 am

Girls' Events				Boys' Events
5	13-14	200	Breaststroke	6
7	15 & over	200	Breaststroke	8
9	13-14	100	Fly	10
11	15 & over	100	Fly	12
13	13- 14	50	Backstroke	14
15	15 & over	50	Backstroke	16
17	13-14	100	Free	18
19	15 & over	100	Free	20
21	13-14	200	Backstroke	22
23	15 & over	200	Backstroke	24
25	13-14	50	Breaststroke	26
27	15 & over	50	Breaststroke	28

Newmarket Stingrays Long Course Invitational Swim Meet
May 26-28, 2017

Session #3: Ages 10 & under

Saturday May 27, 2017

Warm-ups: 12:00 pm

Start: 1:00 pm

Girls' Events				Boys' Events
29	10 & under	4x50	Free relay	30
31	10 & under	200	IM	32
33	10 & under	50	Breaststroke	34
35	10 & under	100	Backstroke	36
37	10 & under	50	Fly	38
39	10 & under	100	Free	40

Session #4: Ages 11 & 12 years

Saturday, May 27, 2017

Warm-ups: 4:30 pm

Start: 5:30 pm

Girls' Events				Boys' Events
41	11-12	4x100	Free relay	42
43	11-12	200	Breaststroke	44
45	11-12	100	Fly	46
47	11-12	50	Backstroke	48
49	11-12	100	Free	50
51	11-12	200	Backstroke	52
53	11-12	50	Breaststroke	54
55	11-12	400	Free	56

Order of Events

Session #5: Ages 13 & 14 and 15 & over

Sunday, May 28, 2017

Warm-ups: 7:00 am

Start: 8:00 am

Girls' Events				Boys' Events
57	13 & 14	200	Fly	58
59	15 & over	200	Fly	60
61	13 & 14	100	Breaststroke	62
63	15 & over	100	Breaststroke	64
65	13 & 14	50	Free	66
67	15 & over	50	Free	68
69	13 & 14	100	Backstroke	70
71	15 & over	100	Backstroke	72
73	13 & 14	200	Free	74
75	15 & over	200	Free	76
77	13 & 14	50	Fly	78
79	15 & over	50	Fly	80
81	13 & 14	200	IM	82
83	15 & over	200	IM	84

Session #6: Ages 10 & under

Sunday May 28, 2017

Warm-ups: 12:00 pm

Start: 1:00 pm

Girls' Events				Boys' Events
85	10 & under	4x50	Medley relay	86
87	10 & under	200	Free	88
89	10 & under	100	Breaststroke	90
91	10 & under	50	Free	92
93	10 & under	100	Fly	94
95	10 & under	50	Backstroke	96
97	10 & under	400	Freestyle	98

Newmarket Stingrays Long Course Invitational Swim Meet
May 26-28, 2017

Session #7: Ages 11/12 years

Sunday, May 28, 2017

Warm-ups: 4:30 pm

Start: 5:30 pm

Girls' Events				Boys' Events
99	11-12	4x100	Medley relay	100
101	11-12	200	Fly	102
103	11-12	100	Breaststroke	104
105	11-12	50	Free	106
107	11-12	100	Backstroke	108
109	11-12	200	Free	110
111	11-12	50	Fly	112
113	11-12	200	IM	114